



November 2014



Check your account at <https://www.mySchoolBucks.com>
 Contact us at notredame@tastenutrition.com
 Pre order Gluten Free Meals at <http://www.tastenutrition.com>

a healthy 'a la carte' selection and a gluten free menu is also available

Monday	Tuesday	Wednesday	Thursday	Friday
3 •Mandarin Orange Chicken •Veggie Egg Rolls (v)	4 •Swedish Meatballs •Tasty Mac and Cheese (v)	5 •King Ranch – Chicken Enchilada Casserole •Cheese or Veggie Quesadilla (v)	6 •Pasta with Bolognese Sauce •Pasta Simple Style with Grilled Veggies (v)	7 •Niman Ranch Beef Burger •Veggie Burger (v)
10 No School	11 •Baked Chicken Strips •Cheese Tortellini with Pesto Sauce	12 •Cheese Pizza (v) •Pepperoni Pizza •Quiche Lorraine	13 •Chicken Teriyaki •Veggie Egg Roll (v)	14 •Chicken Tamale •Green Chili (mild) and Cheese Tamale (v)
17 •Fish and 'Chips' •Pasta with Marinara Sauce (v)	18 •Chicken Burrito •Bean and Cheese Burritos (v)	19 •Fish and 'Chips' •Tasty Mac and Cheese(v)	20 •White Bean and Chicken Stew or 'Cassoulet' •Warm Cheese Sandwich (v)	21 •Niman Ranch Hot Dog •Veggie Dog (v)
24 •Pesto Pasta with Chicken •Pasta Simple Style with Grilled Veggies (v)	25 •Cheese Pizza (v) •Hawaiian Pizza	26 No School	27 Thanksgiving	28 No School

All entrées are "Kid Friendly" and are prepared using the freshest and healthiest ingredients available.
 All Meals include Fresh Fruits and Vegetables

v: Vegetarian Entrée