

December 2014



Check your account at https://www.mySchoolBucks.com

Contact us at <u>notredame@tastenutrition.com</u> Pre order Gluten Free Meals at <u>http://www.tastenutrition.com</u> a healthy 'a la carte' selection and a gluten free menu is also available

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
•Niman Ranch Beef Burger •Veggie Burger (v)	•King Ranch – Chicken Enchilada Casserole •Cheese or Veggie Quesadilla (v)	•Cheese Pizza (v) •Pepperoni Pizza	 Pasta with Bolognese Sauce Pasta Simple Style with Grilled Veggies (v) 	•Chicken Tamale •Green Chili (mild) and Cheese Tamale (v)
8	9	10	11	12
 Baked Chicken Strips Cheese Tortellini with Pesto Sauce 	•Bratwurst and Mashed Potatoes •Warm Cheese Sandwich (v)	•Chicken 'stickless' Kabob •Tasty Mac and Cheese (v)	•Chicken Teriyaki •Veggie Egg Roll (v)	•Niman Ranch Hot Dog •Veggie Dog (v)
15	16	17	18	19
•Mandarin Orange Chicken •Veggie Egg Rolls (v)	•Swedish Meatballs •Tasty Mac and Cheese (v)	•Chicken Burrito •Bean and Cheese Burrito (v)	•Cheese Pizza (v) •Hawaiian Pizza	
22	23	24	25	26
		24		
29	30	31		

All entrées are "Kid Friendly" and are prepared using the freshest and healthiest ingredients available. All Meals include Fresh Fruits and Vegetables

v: Vegetarian Entrée