



May 2013



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 Contact us at notredame@tastenutrition.com
 Pre order Gluten Free Meals at <http://www.tastenutrition.com>

a healthy 'a la carte' selection and a gluten free menu is also available

Monday	Tuesday	Wednesday	Thursday	Friday
		1 •Mandarin Orange Chicken •Veggie Spring Rolls (v)	2 •Chicken Tika Masala •Veggie Curry (v)	3 •Cheese Pizza (v) •Pepperoni Pizza
6 •Baked Chicken Breast Strips •Warm Cheese Sandwich (v)	7 •Niman Ranch Beef Burger •Veggie Burger (v)	8 •Chicken Teriyaki over Brown and White Rice •Tofu Veggie Delight (v)	9 •Pasta with Bolognese Sauce •Eggplant Parmesan (v)	10 •Asian Chicken Wrap •Falafel Wrap (v)
13 •Pesto Pasta with Chicken •Pasta Simple Style with Veggies (v)	14 •Fish and 'Chips' •Cheese Tortellini with Marinara Sauce (v)	15 •Chicken Tamale •Green Chile (mild) and Cheese Tamale (v)	16 •Niman Ranch Hot Dog •Tasty Mac and Cheese (v)	17 •Chicken Quesadilla •Grilled Veggie Quesadilla (v)
20 •Mandarin Orange Chicken •Veggie Spring Rolls (v)	21 •Baked Potato Bar with Niman Ranch Beef Chili •Grilled Veggie Sandwich (v)	22 •Asian Chicken Wrap •Falafel Wrap (v)	23 •Chicken Tika Masala •Veggie Curry (v)	24 •Cheese Pizza (v) •Hawaiian Pizza
27 Memorial Day	28	29	30	31

All entrées are "Kid Friendly" and are prepared using the freshest and healthiest ingredients available.
 All Meals include Fresh Fruits and Vegetables

v: Vegetarian Entrée